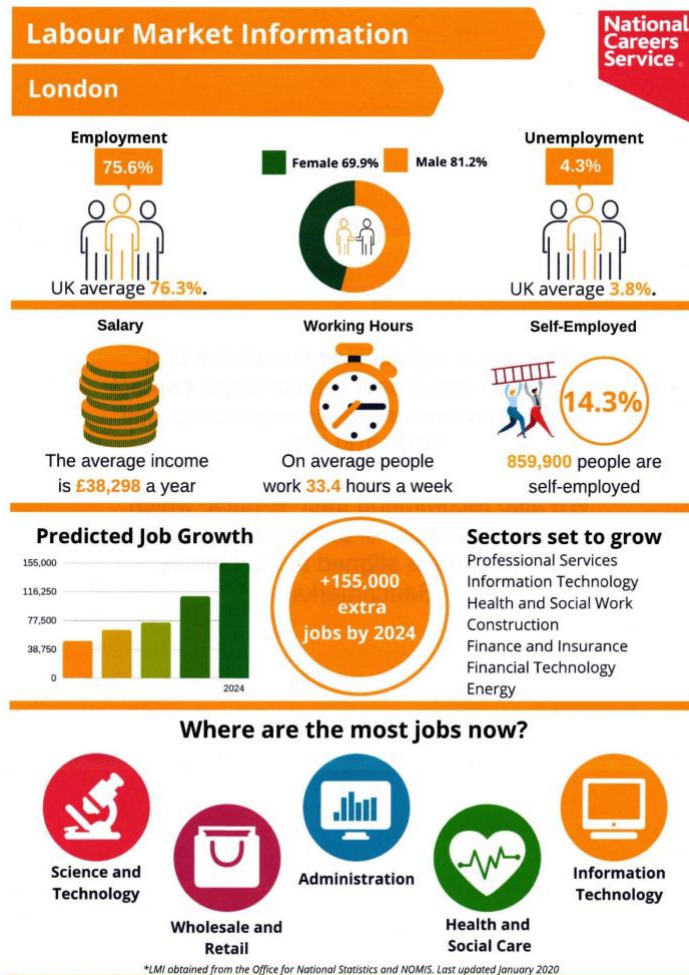


## What is Labour Market Information (LMI)?

LMI tells you about current and forecast job opportunities in different sectors. For example, it can tell you what average salaries are for particular roles, whether industries are predicted to expand or contract, and about technological or training changes. It is very helpful in planning your career, and therefore in helping you decide what course to choose.

Information about pay scales of different jobs can be found here:

<https://www.payscale.com/>



## Ways of working

The world of work has changed dramatically in recent years and continues to do so. As well as a range of different jobs and careers there are now many different ways of working. Examples include...

- **Flexi-time** - working a set number of hours with variable start and finish times within an agreed range (e.g. 37.5 hours per week, starting between 08.00-10.00 and finishing between 16.00-18.00)
- **Temporary/fixed-term contracts** - employers may take on more people in certain sectors (e.g. agriculture, tourism and retail) at busier times
- **Zero or low hours contracts** - these involve a great deal of flexibility; workers on zero hours contracts don't necessarily know how many hours they will work in a given week
- **Freelance and consultancy work** - specialists are brought in to a business only when needed
- **Shift work** - people who work in hospitals, hotels, call centres, factories, etc. often work shifts to enable out-of-hours/24-hour services and production
- **Part-time work** - some people choose to only work part of a week, for example if they're also studying, but some jobs aren't available as full-time posts; others combine different part-time roles (see also **portfolio careers**)
- **Remote working** - developments in digital technology mean many people work away from their employer's location, often from home
- **Portfolio careers** - some people have more than one interest or set of skills - rather than having one full-time job, they do several different part-time jobs at the same time which might include freelancing
- **Self employment** - nearly two thirds of young people like the idea of running their own business; areas of work include construction, hair and beauty, finance, computing and catering