

# Coronavirus Home Testing for students

Monday 22<sup>nd</sup> March 2021

This information is for students who have  
consented to testing.



# Who is being tested and why?

Testing is important because you could be carrying the virus and may spread it to others. Testing all staff and pupils of secondary age and above (11+) without symptoms will support the education sector to continue to operate.

Simple and quick tests using antigen Lateral Flow Devices (LFD) enable the rapid testing of staff and secondary age pupils and students, from their home, without the need for a laboratory. Education settings will be provided with these test kits to distribute to their staff and students so that they can conduct testing at home.

## Testing will help to break chains of transmission

You will need to:

- carry out twice weekly testing at home (3 to 4 days apart) before coming into the education setting in the morning
- maintain 'hand-face-space'

**IMPORTANT:** Tests are only for the use of the person assigned the kits, they should not be taken by anyone else.

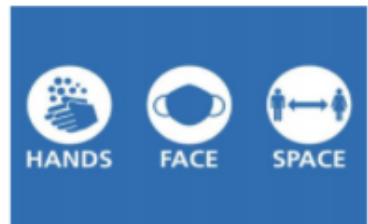


This asymptomatic testing programme does not replace current guidance for those with symptoms or those identified as a close contact of a positive case. Anyone with symptoms, whether they are involved in this programme or not, should book [a free NHS test](#) and follow government self-isolation guidance until the results of their test are known. Testing also does not replace basic preventative measures such as regular handwashing, PPE and social distancing.

## Lateral Flow Testing



- Accessible and easy to use
- No lab required, with fast results
- Safe technology



**P**ositive

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# When should I take the test?

- You should take the test **every week** on **Sunday evening and Wednesday evening** if possible or in the morning on Monday or Thursday before school.
- You are being given enough tests to be able to continue your testing twice a week, at home, throughout the Easter holidays and into next term.
- This does not replace testing for those with symptoms. **If you have symptoms you must self-isolate immediately, book a PCR test and follow national guidelines.**

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# Four easy stages of a rapid COVID-19 self-test

**NHS**  
Test and Trace



**1** **Set-up:** sanitise testing area and hands, unpack kit, read instructions



**2** **Swab:** throat then nose



**3** **Process test:** place swab in liquid in tube, squeeze liquid onto test device



**4** **Read result:** ensure test device is on a flat surface, wait and read result at 30 minutes

# How do I complete the test?

The following link takes you to the NHS guidance for how to do a lateral flow test at home. Please use this link when you take your test:

<https://www.youtube.com/playlist?list=PLvaBZskxS7tzQYIVg7lwH5uxAD9UrSzGJ>

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# How should I/my parent report my test result?

- **Reporting results – what families should do:**

Each time a student completes a lateral flow test, you must report the result to the school using the form [here](#).

- **If the result is positive, your child must not attend school** and the household must isolate. You must call the attendance line in the usual way to report absence.
- The NHS also need a record of the result. Please also complete their form [here](#). Results can also be reported via telephone by calling 119 (free from mobiles and landlines). Lines are open every day, 7am to 11pm.

This PowerPoint will be shared in your Year channel on Teams so you can click the links above when you are at home. Your parents/carers have also had a letter with all this information and these links.

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# Your families can also access testing at home...

Rapid testing is now also available for parents, their households and support or childcare bubbles. The government is encouraging all families to participate in twice weekly testing to help stop the spread.

Parents and other adults in the household can access tests by:

Ordering tests online [www.gov.uk/order-school-household-tests](https://www.gov.uk/order-school-household-tests)

To find out more on school household testing visit Households and bubbles of pupils, students and staff of schools and colleges: get rapid lateral flow tests - GOV.UK (www.gov.uk)

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